

2024

MOTHER & CHILD CARE + THE BE BETTER BENEFIT

Offering up to **R50 000**** in additional benefits for preventative care, maternity care, childcare and much more

These benefits will ensure that you and your family get the care you need to stay healthy by providing access to essential screenings, tests, vaccines, consultations, maternity care and more.

WHAT IS THE MOTHER & CHILD CARE BENEFIT?

Our Mother and Child Care benefit is designed to give expectant mummies and their little ones some extra TLC and ensure they get the best possible start by offering access to:

- Our comprehensive maternity programme
- 24/7 maternity advice line and online pregnancy webinars
- The Bonitas baby bag
- Maternity consultations and scans
- Newborn hearing screenings
- 24/7 helpline for medical advice for children under age 3
- Childhood immunisations
- Paediatric and GP consultations



WHAT IS THE BE BETTER BENEFIT?

This unique benefit provides access to a variety of health screenings, tests and vaccines for all life stages, helping with early detection of health issues, and allowing for timely intervention. It's funded entirely from risk, meaning your savings and day-to-day benefits last longer!

Covers tests and screenings to help detect and manage health conditions like breast cancer and cervical cancer, and also includes a contraceptives benefit.



Covers tests and screenings to help detect and manage health conditions most common in men, like prostate cancer.



Access to tests, screenings and vaccines to help detect, prevent and manage health conditions like, hearing loss, heart disease, meningitis, pneumonia and HIV.

Covers health risk assessments to help detect health conditions like, high blood pressure, diabetes and cholesterol.



Access to vaccine courses and preventative dental care to help keep your children healthy as they grow older.



BE BETTER BENEFIT
for all life stages

**Plan dependent

Product rules, limits, terms and conditions apply. Where there is a discrepancy between the content provided herein and the Scheme Rules, the Scheme Rules will prevail.

BE BETTER BENEFIT

	BONCOMPREHENSIVE	BONCLASSIC	BONCOMPLETE	BONSAVE	BONFIT SELECT	STANDARD STANDARD SELECT	PRIMARY PRIMARY SELECT	HOSPITAL STANDARD	BONESSENTIAL BONESSENTIAL SELECT	BONSTART BONSTART PLUS
1 Wellness screening per beneficiary at a participating pharmacy, biokineticist or a Bonitas wellness day	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Contraceptives benefit	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 HIV test and counselling per beneficiary	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Flu vaccine per beneficiary	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Full lipogram every 5 years, for members aged 20 and over	✓	✓	✓	X	X	✓	X	X	X	X
1 Mammogram every 2 years, for women over 40	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Pap smear every 3 years, or 1 HPV PCR test every 5 years, for women between ages 21 and 65	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Prostate screening antigen test for men between ages 55 and 69	✓	✓	✓	✓	✓	✓	✓	✓	✓	X
1 Pneumococcal vaccine every 5 years, for members aged 65 and over	✓	✓	✓	✓	✓	✓	✓	✓	✓	X
1 Stool test for colon cancer, for members between ages 45 and 75	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Bone density screening every 5 years, for women aged 65 and over and men aged 70 and over	✓	✓	X	X	X	X	X	X	X	X
Dental fissure sealants to prevent tooth decay on permanent teeth for children under 16	✓	✓	✓	✓	✓	✓	✓	X	✓	✓
Covid-19 vaccines and boosters as directed by the National Department of Health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1 Whooping cough booster vaccine every 10 years, for members between ages 7 and 64	✓	✓	✓	X	X	✓	X	X	X	X
2 Doses of the human papillomavirus (HPV) vaccine for female beneficiaries between ages 9 and 14 (limited to 1 course per lifetime)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3 Doses of the human papillomavirus (HPV) vaccine for female beneficiaries between ages 15 and 26 (limited to 1 course per lifetime)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Free online hearing screening for beneficiaries aged 18 and over	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

MOTHER & CHILD CARE

	BONCOMPREHENSIVE	BONCLASSIC	BONCOMPLETE	BONSAVE	BONFIT SELECT	STANDARD STANDARD SELECT	PRIMARY PRIMARY SELECT	HOSPITAL STANDARD	BONESSENTIAL BONESSENTIAL SELECT	BONSTART PLUS	BONSTART
Paediatrician/GP consultations	per child under 1 year										
	3	x	2	2	2	2	2	2	x	x	x
	per child between ages 1 and 2										
Antenatal consultations with a gynaecologist, GP or midwife	2	x	1	1	1	2	2	1	x	x	x
	per child between ages 2 and 12 (GP only)										
Antenatal consultations with a gynaecologist, GP or midwife	2	x	1	1	1	2	2	1	1	x	x
Antenatal classes	12	12	6	6	6	12	6	6	6	6	x
Antenatal classes	R1 500	R1 500	R1 500	R1 450	x	R1 500	x	x	x	x	x
2D ultrasound scans	2	2	2	2	2	2	2	2	2	2	x
Amniocentesis	1	1	1	1	1	1	1	1	1	1	x
Consultations with a midwife after delivery (1 of these can be used for a consultation with a lactation specialist)	4	4	4	4	4	4	4	4	4	4	x
Maternity Programme	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Babyline: 24/7 helpline for medical advice for children under 3 years	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Immunisation up to the age of 12 according to the Private Vaccination schedule OR Expanded Programme on Immunisation in South Africa (State schedule)	Private	Private	Private	State	State	Private	State	x	x	State	x
Hearing screening for newborns up to 8 weeks, in or out-of-hospital	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Congenital hypothyroidism screening for infants under 1 month old	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	x
Bonitas baby bag including baby care essentials	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Bonitas