

FEMALE HEALTH PROGRAMME

2025



Our Female Health Programme, launched in collaboration with CareWorks, is designed to complement our existing benefits and empower women to prioritise their health.

Through online health assessments and healthcare interventions like preventative screening, we aim to empower women to take charge of their health. Following assessment results, a dedicated care coordinator will provide personalised guidance to ensure the best health outcomes.

WHAT DOES THE FEMALE HEALTH PROGRAMME OFFER?

- Guidance, support, and education led by women's healthcare experts
- Early detection of diseases and seamless access to specialised care
- Proactive support in accessing essential healthcare services
- Promotion of preventative healthcare strategies tailored to women's needs
- Online health assessments tailored to female health concerns
- Empowerment of women to actively manage their health

ACCESSING THE FEMALE HEALTH PROGRAMME

This programme is accessible to all female members aged 18 and above, with an emphasis on preventative care and early detection of female-specific health issues. Qualified members will be contacted by the CareWorks team based on online assessments and claims data. For further information, members can reach out to us on **0860 999 121**.